

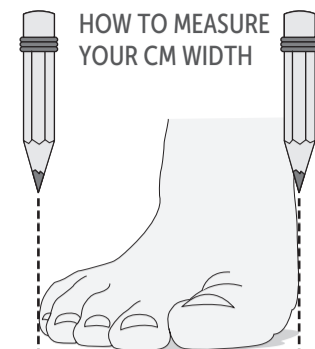
# Size Chart

## Adult Ballet Shoes

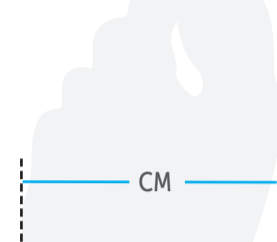
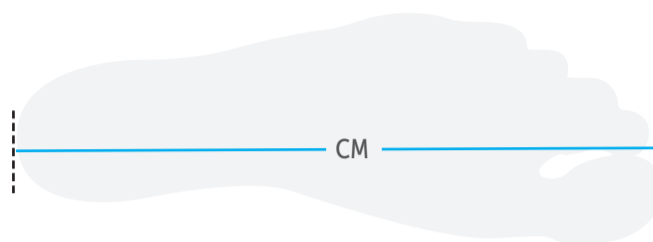
サイズ表  
大人用バレエシューズ  
MDM おすすめフィッティング方法：



手順①足の縦のサイズ



手順②足の横の幅



MDM suggested sizing for:  
Intrinsic  
Intrinsic Reflex  
Elemental  
Elemental Reflex  
Elemental Reflex Performance

大人のサイズ

ADULT LENGTH

手順  
①

US STREET SHOE SIZE	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5	14
CM	21	21.4	21.9	22.3	22.7	23.1	23.5	23.9	24.3	24.7	25.2	25.6	26	26.4	26.8	27.2	27.6	28	28.4	28.8	29.3
6.4cm	1.5NN CHILD	2NN CHILD	5NN	5.5NN	6NN	6.5NN	7NN	7.5NN	8NN	8.5NN	9NN	9.5NN	10NN	10.5NN	11NN	11.5NN	12NN	12.5NN	13NN	13.5NN	14NN
6.6cm	1.5NN CHILD	2NN CHILD	5NN	5.5NN	6NN	6.5NN	7NN	7.5NN	8NN	8.5NN	9NN	9.5NN	10NN	10.5NN	11NN	11.5NN	12NN	12.5NN	13NN	13.5NN	14NN
6.9cm	1.5NN CHILD	2NN CHILD	5NN	5.5NN	6NN	6.5NN	7NN	7.5NN	8NN	8.5NN	9NN	9.5NN	10NN	10.5NN	11NN	11.5NN	12NN	12.5NN	13NN	13.5NN	14NN
7.2cm	1.5NN CHILD	2NN CHILD	5NN	5.5NN	6NN	6.5NN	7NN	7.5NN	8NN	8.5NN	9NN	9.5NN	10NN	10.5NN	11NN	11.5NN	12NN	12.5NN	13NN	13.5NN	14NN
7.4cm	1.5NN CHILD	2NN CHILD	5NN	5.5NN	6NN	6.5NN	7NN	7.5NN	8NN	8.5NN	9NN	9.5NN	10NN	10.5NN	11NN	11.5NN	12NN	12.5NN	13NN	13.5NN	14NN
7.6cm	1.5N CHILD	2N CHILD	5N	5.5N	6NN	6.5NN	7NN	7.5NN	8NN	8.5NN	9NN	9.5NN	10NN	10.5NN	11NN	11.5NN	12NN	12.5NN	13NN	13.5NN	14NN
7.9cm	1.5N CHILD	2N CHILD	5N	5.5N	6N	6.5N	7NN	7.5NN	8NN	8.5NN	9NN	9.5NN	10NN	10.5NN	11NN	11.5NN	12NN	12.5NN	13NN	13.5NN	14NN
8.2cm	1.5N CHILD	2N CHILD	5N	5.5N	6N	6.5N	7N	7.5N	8NN	8.5NN	9NN	9.5NN	10NN	10.5NN	11NN	11.5NN	12NN	12.5NN	13NN	13.5NN	14NN
8.4cm	1.5M CHILD	2M CHILD	5M	5.5M	6N	6.5N	7N	7.5N	8N	8.5NN	9NN	9.5NN	10NN	10.5NN	11NN	11.5NN	12NN	12.5NN	13NN	13.5NN	14NN
8.6cm	1.5M CHILD	2M CHILD	5M	5.5M	6M	6.5M	7N	7.5N	8N	8.5N	9NN	9.5NN	10NN	10.5NN	11NN	11.5NN	12NN	12.5NN	13NN	13.5NN	14NN
8.9cm	1.5M CHILD	2M CHILD	5M	5.5M	6M	6.5M	7M	7.5M	8N	8.5N	9N	9.5N	10NN	10.5NN	11NN	11.5NN	12NN	12.5NN	13NN	13.5NN	14NN
9.1cm	1.5W CHILD	2W CHILD	5W	5.5M	6M	6.5M	7M	7.5M	8M	8.5N	9N	9.5N	10N	10.5N	11N	11.5NN	12NN	12.5NN	13NN	13.5NN	14NN
9.4cm	1.5W CHILD	2W CHILD	5W	5.5W	6M	6.5M	7M	7.5M	8M	8.5M	9N	9.5N	10N	10.5N	11N	11.5N	12N	12.5NN	13NN	13.5NN	14NN
9.6cm	1.5W CHILD	2W CHILD	5W	5.5W	6W	6.5W	7W	7.5M	8M	8.5M	9M	9.5M	10N	10.5N	11N	11.5N	12N	12.5N	13N	13.5NN	14NN
9.9cm	1.5W CHILD	2W CHILD	5W	5.5W	6W	6.5W	7W	7.5W	8W	8.5M	9M	9.5M	10M	10.5M	11M	11.5N	12N	12.5N	13N	13.5N	14N
10.1cm	1.5W CHILD	2W CHILD	5W	5.5W	6W	6.5W	7W	7.5W	8W	8.5W	9M	9.5M	10M	10.5M	11M	11.5M	12M	12.5N	13N	13.5N	14N
10.4cm	1.5W CHILD	2W CHILD	5W	5.5W	6W	6.5W	7W	7.5W	8W	8.5W	9W	9.5W	10M	10.5M	11M	11.5M	12M	12.5M	13M	13.5N	14N
10.6cm	1.5W CHILD	2W CHILD	5W	5.5W	6W	6.5W	7W	7.5W	8W	8.5W	9W	9.5W	10W	10.5W	11W	11.5M	12M	12.5M	13M	13.5M	14M
10.9cm	1.5W CHILD	2W CHILD	5W	5.5W	6W	6.5W	7W	7.5W	8W	8.5W	9W	9.5W	10W	10.5W	11W	11.5W	12W	12.5W	13W	13.5M	14M
11.2cm	1.5W CHILD	2W CHILD	5W	5.5W	6W	6.5W	7W	7.5W	8W	8.5W	9W	9.5W	10W	10.5W	11W	11.5W	12W	12.5W	13W	13.5W	14W
11.4cm	1.5W CHILD	2W CHILD	5W	5.5W	6W	6.5W	7W	7.5W	8W	8.5W	9W	9.5W	10W	10.5W	11W	11.5W	12W	12.5W	13W	13.5W	14W

幅  
WIDTH

手順

②